



Category (Soups)

Taco Soup

Submitted by (Julie Beck)

<p><u>Recipe</u></p> <p>1 lb. ground beef 1 medium onion, chopped 1 pkg mild taco seasoning mix 1 16-oz can cut corn (with liquid) 1 16-oz can kidney beans, drained and rinsed 1 28-oz can stewed tomatoes 1 8-oz can tomato sauce Tortilla chips Grated Cheese</p> <p>Brown ground beef in heavy saucepan. Drain. Saute' chopped onion; add to ground beef. Stir in taco seasoning, corn with liquid, kidney bean, stewed tomatoes, and tomato sauce. Simmer 20-30 min. (If soup becomes too thick, add a little water until it looks right to you. We like it thick.) Serve over bowl of tortilla chips add grated cheese. alt method of serving - add tortilla chips on top of soup, add cheese. Makes 8 servings</p>	<p><u>Grocery List</u></p> <p>(Ingredients you need from the store for recipe and any side dish you might add.)</p>
<p><u>Side dish</u></p> <p>(Optional: Any suggestions of foods that might go well with the main dish.)</p>	<p><u>Tips/Helpful hints</u></p> <p>(Any ideas that might be helpful to know when making this recipe.)</p>